



VIRTUAL MENTAL HEALTH FAIR

Hope and Help for Mental Health Conditions

DATE: NOVEMBER 15, 2020

TIME: 1:00 PM TO 5:00 PM

VIRTUAL PROGRAM VIA ZOOM*

1:00-2:00 PM - MENTAL HEALTH WELLNESS 101

SPEAKERS: STEPHANIE BYRD, LMFT

RAYNA HOUVOURAS, LMHC

2:00-3:00 PM – MANAGING STRESS VS. MENTAL DISORDERS

SPEAKER: TANYA DIX, RN

3:00-4:00 – UNDERSTANDING ADDICTION

SPEAKERS: RICK BURKLEW M.A. M.DIV

LAURA McCARTHY M.A. LMHC

4:00-5:00 – MENTAL ILLNESS AND CRIMINAL JUSTICE

SPEAKER: JUDGE STEVEN LEIFMAN

*To register for any or all of the sessions call Rachel Kalleward,
321-242-2585, or email rachelk@suntreeumc.org
or visit: www.SuntreeUMC.org/mentalhealth.